

Hello, the following instructions were just reviewed with you by the Sedation Coordinator. It's essential to remember:

- For the safety of your child, **nothing to eat or drink after midnight**. No vitamins, liquids, or teeth brushing the morning of the procedure.
- Must be medicine-free 48 hours before the procedure. No OTCs (i.e. allergy, cough/cold, Tylenol) and no melatonin or sleep aid 24 hours before as well.
- If your child is taking prescription medicines, follow the instructions as directed by the Sedation Coordinator.
- No respiratory or any illnesses within 2 weeks of this procedure. If your child has symptoms, call 570-616-4040 promptly.
- Wear comfortable clothes, bring Gatorade or Pedialyte and extra clothing.
- No fingernail polish, jewelry, or hair accessories.
- If possible, please bring another adult with you to accompany you and your child on the ride home.
- You may sit with your child UNTIL the doctor is ready to begin. We will accompany you to the reception area during the procedure. You are welcome to stay there, or wait in your car.
- We require one parent to stay on premise for the duration of the appointment. Sprout Dental is a smoke-free property.
- Park in the designated sedation parking spots labeled 1-6 on the right side of our building.



Park in a spot with one of these signs.

- Beyond our six spots here are spaces reserved for Elm Tree Physical Therapy. Please leave them available for their patients. If our numbered spots are taken, look for a spot in the General Patient Parking.

Thank you.

