

Hello, the following instructions were just reviewed with you by the Sedation Coordinator. It's essential to remember:

- For the safety of your child, **nothing to eat or drink after midnight.** No vitamins, liquids, or teeth brushing the morning of the procedure.
- Must be medicine-free 48 hours before the procedure. No OTCs (i.e. allergy, cough/cold, Tylenol) and no melatonin or sleep aid 24 hours before as well.
- If your child is taking prescription medicines, follow the instructions as directed by the Sedation Coordinator.
- No respiratory or any illnesses within 2 weeks of this procedure. If your child has symptoms, call 570-616-4040 promptly.
- Wear comfortable clothes, bring Gatorade or Pedialyte and extra clothing.
- No fingernail polish, jewelry, or hair accessories.
- If possible, please bring another adult with you to accompany you and your child on the ride home.
- You may sit with your child UNTIL the doctor is ready to begin. We will accompany you to the reception area during the procedure. You are welcome to stay there, but know one parent must stay on premise for the duration of the appointment. Sprout Dental is a smoke-free property.
- There is a number of spots immediately out front. There are also spaces along S. Atherton Avenue and other local side streets. Please be mindful of the street sweeping schedule that is posted. We realize that the distance between your car and child may seem great at this moment, but know as your child's appointment draws to a close, we'll help get your child and your car closer together. Also, a word of warning. Some patients have parked at the Gateway Shopping Center on the other side of Northampton. Parking here is not encouraged. And you will be responsible for any tickets or towing fees.



Thank you.

